

Men's Sexual Integrity Group

Leader: Chris Cole, MA, LPC

Purpose:

To provide a safe and confidential group experience for men to deal with issues of sexual purity. The group experience is designed for men to develop healthy ways of thinking and behaving regarding their sexuality.

Group Goals:

1. To have a safe and confidential setting to explore and discuss issues of sexual addiction.
2. To develop healthier thinking and acting regarding one's sexuality.
3. To honor God, His Word, and respect one's self in the area of sexuality.
4. To understand the nature of addiction, its development and function.
5. To support one other in our efforts to be set free from sexual addiction.
6. To establish and maintain sexual sobriety and purity.
7. To have accountability and support for recovery.
8. To grow in Christ and bring healing in life and relationship with others.

Expectations of Group Members

1. If there are any reportable offenses regarding your sexual acting out, that reporting be made prior to entering into the group. This includes child sexual abuse and any criminal acting out such as rape.
2. Be willing to attend all the group sessions with the exception of one excused absence per session.
3. Each participant be willing to be open and honest and work on his issues while supporting the other group members.
4. Each member agree to the group covenant.
5. Each member will be on time for each group session and will have prepared for the group by completing all assignments.
6. A group member may leave the group at anytime. Before doing so, please explain why for the other group members.
7. Group members are expected to pay for the group ahead of time. Cost for each session is \$50. You may pay for the month or for all the group sessions. A receipt will be provided to you for insurance purposes at each session. Group members will be responsible for making payment when missing the group due to travel or other reasons. Only in the event of medical emergency or severe illness will credit be given in the form of refund for the session.
8. Refunds will only be given to group members if one desires to no longer participate. This will be for any unused balance of the remaining group sessions.
9. Group members are responsible for paying for their book.
10. If the therapist is sick and unable to attend, group will be extended for that additional session. The therapist will contact the group members before group.

Location: 22636 Glenn Drive, Suite 105. Sterling VA. 20164
Phone: 703 464-0877 x 1

Cost: \$50 a session, payable by the month or entire session. Receipts will be given at each group session.

Time: Thursday, every other week

Start date: Onoing

Book: Faithful and True by Mark Laaser

Inclement Weather:

If the Loudoun County Government is closed, the group will not meet.
Group will be made up.

I have read the above and agree to abide by the Expectations of Group Members

Signed

date